

The Respite Review
Quality Respite and Home Care
August 2026 Newsletter

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School is back in Session :)

As August brings our families back into the stress of juggling school, work, and some activity schedules, we understand this may be a pretty stressful time. However, we are here to help as best as we can!! Please send us any days and times you may be needing as soon as you can (we understand that this can be a tall order, pending all the stress) however, we are doing our best to help each and every one of you with what days and times you need! The faster we can get the requests into the system, the faster we can schedule them for you, to relieve some of that stress!!

As always, the afternoon time slots are the most requested again. So, the sooner you can provide us with your needs, the sooner we will be able to let everyone know if we need to move times around or be able to schedule all the hours requested!

Please keep in mind the more flexible you are the better :) Please try to be as understanding as possible as all our families are going through the same amount of needs as you will be during this school year! :) We will be trying to schedule everyone as much as possible. This may mean one or two of the days you need may not be covered so that another family may get a small break they need as well!



Quick Reminders

It has come to our attention that MANY families have either moved, changed phone numbers, or changed your email addresses! While we understand forgetting to tell us is easy to do with the hustle and bustle of everyday life, we really need to have this information. So if you could please keep us notified, to keep your child/children's file current that would be helpful. Even if you aren't currently staffing, we would still need to be able to reach you at your preferred contact numbers.

Additionally, in last month's newsletter we mailed the alternate contact form for you to fill out and return to us, this too will help keep your child's file updated.

If you have not already done so, please feel free to scan and email the form so we have the most updated information on file :) You can verify your information we have on file by calling the office, or shooting us an email as well. :)

Kerry's Korner :)

Summer time brings heat and with heat comes dehydration. We want to make sure that both the clients and the caregivers stay hydrated to help keep everyone safe. Some days are too hot to go outside for too long of a time period. So, perhaps finding an indoor activity for the caregiver to do with your child inside!!!

Always keep in mind if you have someone your child prefers to play with or hang out with, you can bring them on board to become one of our employee's and they would be able to handle all of your hours. If this is something you would like to know more about, please feel free to contact our office.

Please remember that we need everyone's cooperation in staying safe and in compliance with our insurance company policy. Caregivers are **required** to wear shoes while on their visits. However, we do provide every caregiver with booties to wear over their shoes to help keep your home protected. While we understand this is an inconvenience to some household traditions, we ask that you allow the caregivers to wear the company provided plastic booties over their shoes while in your home.

Also, a quick reminder, if we are assisting with bathing your child, and they require transferring or lifting, because our caregivers are not trained as a HHA or a CNA, we won't be able to assist with that portion of the bathing process. Our first priority is keeping our clients safe, please help us to make sure this is not happening.

Enjoying your own caregiver.....

If you are scheduling with your own caregiver, please remember that we still need to have those schedules turned in to our office, so our system is updated. This helps us keep your caregiver in compliance with the State of California Labor laws. You may feel you have your own person so they can work as much as you need, but unfortunately, they still have to abide by the State of California Department of Labor laws and guidelines. This means your caregiver cannot exceed 40 hours in one week (Sunday thru Saturday). The most simple of ways to get us your schedule is just email either Patricia at info@QRHCinc.com OR Kerry at Kerry@QRHCinc.com.

If you are interested in bringing someone new on board as your caregiver, all they need to do is contact our office at 408-244-5600 and set up an appointment time to come in and go through orientation! :) This takes about an hour or so and they can work directly with your child! We've found that for children that have severe anxiety with meeting multiple people, this is sometimes the best option for the family! :) Call or email us to set up an appointment :)

info@QRHCinc.com OR admin@QRHCinc.com



Parents we are missing Shift Reports...

If you have received a shift report from our office that requires a parent signature, please return them to us as quickly as possible. We cannot process the caregivers payroll until those are returned to our office :) We send you prepaid postage envelopes to help get them back to us quickly :)